BODY FAT SCALE

INSTRUCTIONS

Thank you for choosing this company product.
To ues it better,please read the instruction first

Specifications

- Capacity:5kg-180kg
- Graduation:0.1kg
- Display:4 digits LCD
- Turn on automatically
- Automatic zero resetting
- Automatic switch off
- Low power indicator
- Over load indicator
- Model unit (kg/Lb)

Power

This product adopts ultra low power technology,it has been equipped with 2pcs AAA batteries or CR2032 lithium battery. Please take the insulator if there has, or open power to the unit you need directly before you use it if there has not.Replace the batterles when it shows "LO" .

Automatic Switch off

The scale will be switch off automatically in 6 seconds after weighing. If no weighing when the zero is being displayed,it switchs itself off automatically.

Overload indicator

When the scale is over loaded 180kg,the following will appear on the screen:



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Download APP and bind

1.The requirement of mobile phone configuration:

Carry bluetooth with bluetooth 4.0, supports Android 4.3& IOS 7.0 or above system.

2.Scan QR code or download software applications

3.Registration and Login, open the APP, you will first see the Login screen.



4.Set the column in the mobile phone then open the bluetooth button.

5.Right now, you can bind your body fat scale for measurement late. Click "Device" at the bottom right corner, you see the "Binding device screen".





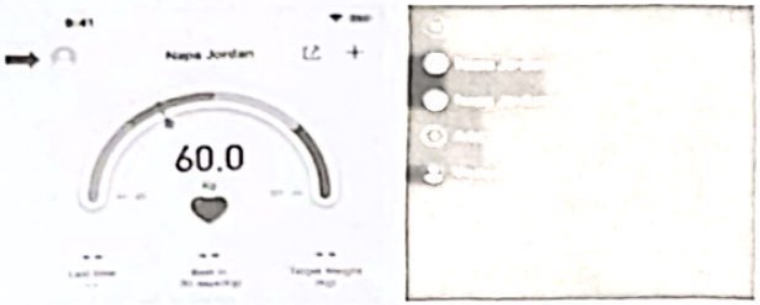
Set up personal information

1. After the binding is complete, click the prompt box for adding members to set the member's nickname, gender, height, age, birthday, and avatar. (Please fill in your actual age, height, measured health data related to age and height, The underage body is in a state of rapid change, and the body composition is quite different from that of adults. It is recommended that you only pay attention to changes in body weight.)



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2. Enter main screen, click the avatar icon at the top left corner, all family members' nicknames are display as shown.



Settings Screen

1. Click the "Settings" button on the Me screen ,App will display the "Settings" screen sor multiple basic settings.



2. In the setting interface, you can set Account setting, Unit setting, Weight remind and so on.

Start measuring

1. Put the scale on hard and stable floor.(it may influence the accuracy if the floor is not smooth).

2.Please Stand on scale without shoes and step on the electrode differently.If you don not do like this ,your app data will not appear .you can only see your weight.

3. When people stand on the scale ,it will flick then appear your weight.After coruscating ,will display "0000"to "0",this means the scale has locked your weight.

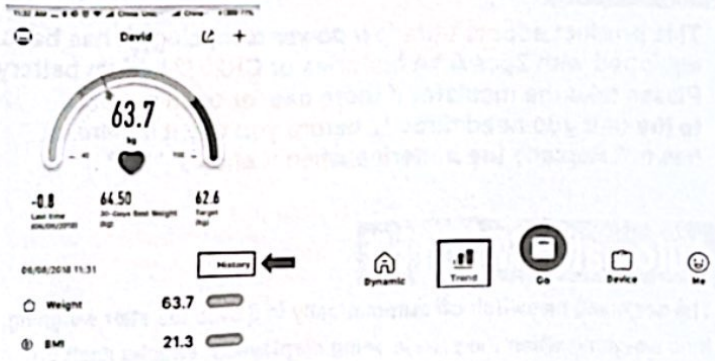


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Historical Data Checking

1. Click on "History" on main screen, APP will display historical data of selected family member

2. Click on "Trend" at bottom left corner of *main screen*, APP *will* display the diagram of trend of selected *parameter*, such as weight, BMI, fat, muscle, water, bone mass, *or* metabolism



Attention

1.keep in dry,avoid slipped when weighing.

2.Keep stationary when weighing,do not strike it or drop it,it is easy to damage the scale and make the glass to pieces.

3. Do not use chemical abrasive cleaners to clean the scale,if necessary,you can clean your scale with a damp cloth but do not allow water to get inside the scale,specially the place where glass and the metal adhered to.

4. Do not allow your scale to become saturated with water as this can damage the electronic.

5. Do not store the scale in an upright position when not in use.

6. Remove the batteries if the scale is not being used for a long time.

7. Do not use for legal trade.

8. Please stand on the middle of the scale,avoid slipped when weighing..

9. When you turn on in the air,it will have glass weight,turn off on hard & flat surface,then i can use.

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